

THE IIS UNIVERSITY, JAIPUR
DEPARTMENT OF PSYCHOLOGY

Activity : **Guest Lecture**
Topic : **Introduction about Autism (mou with approach autism)**
Date : **21st Aug' 2021**
Time : **11:00 am**
Platform : **Zoom**

The Department of Psychology, IIS (deemed to be) University, Jaipur, organized a webinar “An Introduction to Autism” on August 21, 2021 as a **part of Azadi ka Amrit Mahotsav**. The session provided with insights into Autistic Spectrum Disorder and its treatment, while also offering participants with internship opportunities. The speaker of the session was Mrs. Garima Srivastava.

Mrs. Srivastava has diploma in Special Education in Autism Spectrum Disorder with 14 years of experience in this field. She also has masters degree in Applied Psychology. Apart from all the above credentials, she is mother of Vatsal, who falls under Autism Spectrum. She runs an organization named “Approach Autism Society” based in Jaipur.

The session was commenced by Mrs. Srivastava with a brief introduction of Autism Spectrum Disorder. She helped participants to draw a clear distinction between Autism Spectrum Disorder and other disorders and disabilities such as learning disorders, speech disorders and others.

Mrs. Srivastava talked about the wide array of symptoms and behaviours exhibited by Autistics. She gave a reality check on the differences in behaviours and symptoms from client to client with the help of a number of videos. She also clarified that there exist differences in the degree of severity of symptoms, ability to learn with practice, and adaptation to environment from one client to another.

She shared her experiences at work which can be rewarding and challenging at times. She shared the various ways of Behaviour Management of person with Autism. She emphasized that the process of treatment differs from client to client and from one therapist to another, catering to the individual differences that come into play from both parties. She also shared her experiences of being mother to an Autistic, and how it has paved way for her to help others.

She introduced her organization “Approach Autism Society” which help people with Autism to ease their symptoms, learn routine activities and progress towards a better lifestyle. She talked about the internship opportunities for students and professionals at their centre and the job opportunities associated with it. She further provided participants with the contact information for the same. The session was closed with the speaker clearing the doubts of the participants.

The session was interactive and enriched with knowledge throughout, while also providing opportunities for growth in the field of psychology.

