

# **THE IIS UNIVERSITY, JAIPUR**

## **DEPARTMENT OF PSYCHOLOGY**

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|-----------------|---|--|
| <b>Activity</b> | : | <b>Guest lecture</b>                           |
| <b>Topic</b>    | : | <b>Psychology Training (mou withEMOMatrix)</b> |
| <b>Date</b>     | : | <b>27<sup>th</sup> Aug' 2021</b>               |
| <b>Time</b>     | : | <b>02:00 -03:00 pm</b>                         |
| <b>Platform</b> | : | <b>Google Meet</b>                             |

The department of psychology, IIS University (Deemed to be university, Jaipur) organized a webinar on PSYCHOLOGY TRAINING on 27<sup>th</sup> August 2021 as a **part of Azadi ka Amrit Mahotsav**. The speaker for the webinar was Mr. Suveen Kumar. He is the founding director of EMO Matrix & your hope line NGO. He is Asia book of the record holder, Author, Training manager, Counselling Psychologist & global goodwill ambassador.

Emo Matrix is a company that provides psychological assistance and services for more than a decade. Holding this umbrella is Mr. Suveen Kumar, he himself is a trained clinical psychologist and a renowned counsellor. Under this umbrella is working a huge team of well - trained and licensed psychologists and counsellors, who have served to help clients resolve extensive kinds of mental and emotional issues. This organization works in various fields of applied psychology. The director of the company holds of a notion that psychology has undergone drastic changes and awareness in past few years. He also suggests that there are primarily three fields that require young psychologists to contribute, that is :- Government and its bodies, Clinical and Counselling.

He believes and mentors that pre-requisites for working in psychology is “ to be able to convert passion into career that demands broader attitude and perspective”. Formal education is definitely the primary need for any psychologist to set his/her foot in the field. Secondly, it calls for skills and immense practice on the live patients as well as their treatments. He preaches that any corporate shall hire the amateur only if there is adequate experience reflecting its potentialities. Now a days the trend is to welcome the young, enthusiastic psychologists as they are loaded with new ideas, latest knowledge and new ways to deal with clients. There is always a gap between the old counsellors and the young clients, therefore proving to be non-beneficial. He believes that success of any psychologists whether he is self- employed or working with any institution demands quantification of success rate in tune with quality. Along with these one must have business acumen , thus should be able to monetise his aptitude with ethical approach. Also one must always have a larger goal or purpose extracted from this field of behavioural sciences. For this, akin to formal education, one must also be participating in internships or observations where they shall gather direct experience under proficient counsellors who have worked practically in field.

Emo- Matrix contains well- established reviews for training, providing and hiring psychologists and counsellors lot of avenues, who are often dejected just because either they are graduate or post- graduates. It strongly believes that each and every individual can contribute efficiently to transforming lives, all is needed zeal, hard work and empathy.

